

# Menus for June 2022



**Newport News  
Public Schools  
Pre-K Menu**



**Wednesday, June 1**

**Breakfast**  
Confetti Pancakes  
Cranraisins  
Milk

**Lunch**  
Garlic French Bread  
Corn  
Fresh Fruit  
Milk

**Thursday, June 2**

**Breakfast**  
Banana Bread  
Apple Slices  
Milk

**Lunch**  
Corndog Nuggets  
Sweet Potato Fries  
Fruit Cup  
Milk

**Friday, June 3**

**Breakfast**  
Sausage Biscuit  
Applesauce  
Milk

**Lunch**  
Pizza Crunchers  
Emoticon Potatoes  
Fruit Cup  
Milk

This institution is an equal opportunity provider. Menus are subject to change.

## RESPECT THE HEAT.



When you're outside playing hard this summer, remember to prepare for the heat. Drink plenty of water before, during, and after vigorous summer exercise. If you wait until you feel thirsty to drink, you've waited too long!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**

**Monday, June 6**

**Breakfast**  
Banana Bread  
Juice  
Milk

**Lunch**  
Galaxy Pizza  
Corn  
Fruit Cup  
Milk

**Tuesday, June 7**

**Breakfast**  
Snack Break w/String Cheese  
Apple Slices  
Milk

**Lunch**  
Macaroni & Cheese  
Green Beans  
Fresh Fruit  
Milk

**Wednesday, June 8**

**Breakfast**  
Confetti Pancakes  
Cranraisins  
Milk

**Lunch**  
Mozzarella Sticks  
Baby Carrots  
Fruit Cup  
Milk

**Thursday, June 9**

**Breakfast**  
Sausage N Pancake on Stick  
Apple Slices  
Milk

**Lunch**  
Beef and Cheese Soft Taco  
Garden Salad  
Fresh Fruit  
Milk

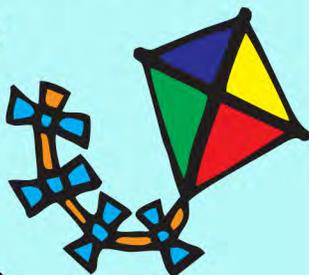
**Friday, June 10**

**Breakfast**  
Waffle Envy  
Applesauce  
Milk

**Lunch**  
Chicken Patty  
French Fries  
Fruit Cup  
Milk

## I am the letter

# K



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**Monday, June 13**

**Breakfast**  
Blueberry Muffin  
Juice  
Milk

**Lunch**  
Hamburger/Cheeseburger  
Potatoes Au Gratin  
Fresh Fruit  
Milk

**Tuesday, June 14**

**Breakfast**  
Snack Break w/String Cheese  
Apple Slices  
Milk

**Lunch**  
Hot Pocket  
Collard Greens  
Fruit Cup  
Milk

**Wednesday, June 15**

**Breakfast**  
Confetti Pancakes  
Cranraisins  
Milk

**Lunch**  
Yogurt w/String Cheese  
& Cheez its  
Baby Carrots  
Fresh Fruit  
Milk

**Thursday, June 16**

**Breakfast**  
Banana Bread  
Apple Slices  
Milk

**Lunch**  
Managers Choice

**Friday, June 17**

**Breakfast**  
Sausage Biscuit  
Applesauce  
Milk

**Lunch**  
Pizza  
Garden Salad  
Fresh Fruit  
Milk